Professors meet with Mexican president

By Chelsea Cushing
The Collegian

By John Espinola
The Collegian

Arizona’s newly passed law was a point of interest during the biannual meeting of the President of Mexico and the Institute for Mexicans Abroad.

Cuellar said President Calderon wants to take a very active role in working against the law. He said that while this law will trigger more support for a comprehensive immigration reform, Calderon has been waiting for President Obama to do just that since he took office.

“Because in Arizona the specific point of concern, there are currently seven other states that are considering similar laws,” Cuellar said.

Cuellar said President Calderon wants to take a very active role in working against the law. He said that while this law will trigger more support for a comprehensive immigration reform, Calderon has been waiting for President Obama to do just that since he took office.

“The president of Mexico gave a very strong message condemning this notion,” Cuellar said. “He cannot cross his arms and just wait for that.”

Jose Antonio Ramirez, city manager for the city of Firebaugh, was another member of Institute for Mexicans Abroad in attendance at the meeting with the president.

Ramirez said he has been following the different phases of the law. He said he was shocked when it was considered, and even more shocked when the governor signed it into law.

“I don’t care what race you are,” Ramirez said. “I don’t want the Mexican to say you can’t do that.”

Ramirez and Cuellar both expressed how participants in the meeting acknowledged that much of Arizona’s history is rich in Mexican culture.

“It’s been built on immigrant labor,” Ramirez said. “They think they have weak minds and strong backs.”

Carlos Perez, associate professor for the Department of Chicano and Latin American Studies, referenced to past events that have been discriminatory to Mexicans.

“Remember that Mexicans and their U.S. citizen children were also rounded up by U.S. authorities during the mass deportations of the 1930s,” Perez said. “These deportations stemmed from anti-Mexican immigrant sentiment during the 1920s and the Great Depression turned these sentiments into actions.”

Like Cuellar, Perez knows Arizona’s newly passed law was a point of interest during the biannual meeting of the President of Mexico and the Institute for Mexicans Abroad.

Arizona’s newly passed law was a point of interest during the biannual meeting of the President of Mexico and the Institute for Mexicans Abroad. The meeting took place in Tempe, Arizona. Part of this plan was aimed at inclusion of professional sports teams and the president joined with a plan that was aimed at out of Tempe, Arizona. Part of this plan was aimed at inclusion of professional sports teams and the president joined with a plan that was aimed at inclusion of professional sports teams and the president joined.

Arizona’s political leaders.

Arizona’s political leaders.

Arizona’s political leaders.

Arizona’s political leaders.
setting it straight

Denton Doubles

Whose country is this?

Last Wednesday was Cinco de Mayo, a holiday celebrated in the remembrance of the Mexican Militia’s victory over the French army at the city of Puebla, back in 1862. The day is celebrated in the United States by white Americans, as another excuse to down pitchers of beer and tegos heels. While thinking it’s Mexico’s Independence Day, if you are a student at Live Oak High School in Morgan Hill, and wore a shirt displaying the American flag last Thursday, you were asked by the assistant principal to either remove your shirt and return to class, or to leave the campus.

Believe it or not, ABC30 ran a story last Thursday about five students who chose to leave the campus, instead of changing their shirts and returning to class, as they felt it was a violation of their First Amendment rights. According to the story, the assistant principal thought that wearing the shirts to Cinco de Mayo posed a safety threat to the students who wore them.

In the story, one of the students, Austin Carvalho, said of the principal, “He said we could do it (wear the shirts on Cinco de Mayo) posed a safety threat to the students who wore them.”

In the story, the one of the students, Austin Carvalho, said of the principal, “He said we could do it (wear the shirts on Cinco de Mayo) posed a safety threat to the students who wore them.”

According to the story, the assistant principal thought that wearing the shirts to Cinco de Mayo posed a safety threat to the students who wore them. In the story, the one of the students, Austin Carvalho, said of the principal, “He said we could do it (wear the shirts on Cinco de Mayo) posed a safety threat to the students who wore them.”

The story went on to say that dozens of other students were wearing green, red and white clothes, resembling the colors of the Mexican flag. Some students painted the Mexican flag on their faces and arms. These students were not sent home.

Carvalho later said, “If they made them, like, all the Hispanic-Americans take off their red, white and green also, then maybe I wouldn’t have had a problem with it.”

Though the students were angered by the assistant principal’s action, some parents were equally disturbed. In the story, one parent said, “If they can wear a Mexican flag in America, we should be able to wear an American flag wherever we want to go, right?”

According to mexonline.com, Cinco de Mayo is only celebrated in the capital and throughout the state of Puebla in Mexico. Few celebrations take place in other parts of that country, but the site says that Cinco de Mayo is celebrated in U.S. cities with high Mexican populations. Even though it is a popular day for good times in the U.S., it’s not an official holiday.

American citizens, of all ages and backgrounds should be able to wear clothing depicting the American flag wherever and whenever they want, even on Cinco de Mayo. It’s called patriotism. Anyone in this country should also be able to wear clothing displaying flags of other nations. That’s called Americanism. Without the blend of people from different nations, the U.S. wouldn’t be a United States of America. That’s what makes this country special.

Interestingly enough, the school district is backing the views of the American parents and students, and rightfully so. America’s young people should be praised for wearing patriotic American clothing, not shunned or punished for it. After all, this is America.

Bye-bye, JaMarcus

I n the world of sports, it’s not often the best team wins. It’s not often the best football player is the one that gets cut. It’s not often the best baseball player leaves the team that drafted him.

But that’s exactly what happened to Jamarcus Russell, the Oakland Raiders’ first-round draft pick, three years ago. Russell was cut by the Raiders this week, ending the most publicized three-year career in the NFL’s history. Russell’s release speaks volumes about the Raiders’ owner, Al Davis, who has been on his job since 1963.

Davis has a track record of having confidence in straw men. If you can’t possibly get any worse. They may try special. Russell’s release speaks volumes about the Raiders’ owner, Al Davis, who has been on his job since 1963.

With All Due Respect

Mike Boylan

Raider fans will never be able to forget Russell, nobody will. Ryan, or “Crysta,” Leaf can now sleep at night, for he no longer claims the dubious title of biggest bust in NFL history. Most football fans were quite certain that Leaf—the no. 2 pick in 1998—couldn’t possibly be unseated as the most awful draft pick in NFL history. Even Leaf thought it wasn’t possible for anyone to be such a monumental disappointment.

I used to go to bed at night hoping somebody else might magically leapfrog Leaf those all-time greatest draft picks. It happened. He was told the Los Angeles Times earlier this year: “Because I am no. 1 (bust). I can’t even think of anyone else in the ballpark that might be close to my combination of disappointment and failed expectations.”

Fortunately for Leaf, he no longer has to wake up with cold sweats from nightmares of losing fumbles, yelling at reporters and mental and emotional breakdowns filled with salty discharge excreting from his eyes. Russell’s release speaks volumes about the Raiders’ owner, Al Davis, who has been on his job since 1963. Davis has a track record of having confidence in straw men. If you can’t possibly get any worse. They may try special. Russell’s release speaks volumes about the Raiders’ owner, Al Davis, who has been on his job since 1963.

What drives someone down such a destructive road? Who willingly sports the silver and black and has a high sense of self and positive outlook on life? If Raider Fan is in your life, please, be indecisive government. Everybody. Nobody. Reasonable people don’t have American flags on shirts that have our country’s flag on it.

Last chance!

We have only one issue left, so this is your last chance to get your voice heard!

Send your letter to the editor (collegian@csufresno.edu). The letter must not exceed 250 words in length and must be accompanied by your full name, so we know who you are!
ACROSS
1 The U.S. minimum is $7.25 per hour
5 In the phone directory
11 It can follow poli or precede fi
14 One out of two
15 Break out of jail
16 Refusals
17 Amo, amas, __
20 Nervous twitch
21 Kitchen cabinet stack
22 Light beige
23 Dried meat sticks
25 War’s opposite
26 Break out of jail
27 Food fish that’s often red
29 Quechua-speaking country
30 Two-time loser to Ike
32 Radical ’60s org.
33 Winter underwear
37 Doofus
40 “Do __ See God?": Jon Agee palindrome book
41 Meat-inspecting org.
42 Visibly embarrassed
43 “Do __ See God?": Jon Agee palindrome book
44 On the line
46 Relate
47 Pops, as a bubble
48 Multivolume ref.
50 Italian bowling game
51 Southern California hoopster
53 Open just a bit
54 Slangy “No way”
55 Rockies hrs.
56 Fruit and cinnamon-flavored cereal
58 Samoa’s capital
59 Go after in court
60 Surgeon’s tool
61 Long race, for short
62 Military gpc.
63 Military instructions
64 Coastal raptor
65 Checks
66 The fundamental building block of music
67 Star of the silver screen
68 Old and well-known
69 Grit
70 “L.A. Law” co-star Susan
71 Nestlé brand named for its covering of tiny white confection balls
72 Strong-armed
73 Publishers, e.g.
74 Cherokee on the road
75 Jammies
76 “Do __ See God?": Jon Agee palindrome book
77 Hindu
78 Record, à la Nixon
79 Omar of “The Mod Squad”
80 Formerly, in wedding news
81 Elderly
82 School dance VIPs
83 Grimm beast
84 Record, à la Nixon
85 Pancho’s ponchos
86 Run playfully
87 “Xanadu” rock gp.
88 On the line
89 Mediterranean
90 “Do __ See God?": Jon Agee palindrome book
91 “Do __ See God?": Jon Agee palindrome book
92 “Do __ See God?": Jon Agee palindrome book
93 “Do __ See God?": Jon Agee palindrome book
94 “Do __ See God?": Jon Agee palindrome book
95 “Do __ See God?": Jon Agee palindrome book
96 “Do __ See God?": Jon Agee palindrome book
97 “Do __ See God?": Jon Agee palindrome book
98 “Do __ See God?": Jon Agee palindrome book
99 “Do __ See God?": Jon Agee palindrome book
100 “Do __ See God?": Jon Agee palindrome book

DOWN
1 Bugs’ question to “Doc”
2 Pooh’s creator
3 Ice Age remnant
4 Young nevit
5 Nielsen of “Naked Gun” films
6 Muslim religion
7 Highlanders, e.g.
8 Recent, à la Nixon
9 Omar of “The Mod Squad”
10 “L.A. Law” co-star Susan
11 Nestlé brand named for its covering of tiny white confection balls
12 Strong-armed
13 Publishers, e.g.
14 One out of two
15 Break out of jail
16 Refusals
17 Amo, amas, __
18 Ground beef concoctions on buns
20 Nervous twitch
21 Kitchen cabinet stack
22 Light beige
23 Dried meat sticks
25 War’s opposite
26 Break out of jail
27 Food fish that’s often red
29 Quechua-speaking country
30 Two-time loser to Ike
32 Radical ’60s org.
33 Winter underwear
37 Doofus
40 “Do __ See God?": Jon Agee palindrome book
41 Meat-inspecting org.
42 Visibly embarrassed
43 “Do __ See God?": Jon Agee palindrome book
44 On the line
46 Relate
47 Pops, as a bubble
48 Multivolume ref.
50 Italian bowling game
51 Southern California hoopster
53 Open just a bit
54 Slangy “No way”
55 Rockies hrs.
56 Fruit and cinnamon-flavored cereal
58 Samoa’s capital
59 Go after in court
60 Surgeon’s tool
61 Long race, for short
62 Military gpc.
63 Military instructions
64 Coastal raptor
65 Checks
66 The fundamental building block of music
67 Star of the silver screen
68 Old and well-known
69 Grit
70 “L.A. Law” co-star Susan
71 Nestlé brand named for its covering of tiny white confection balls
72 Strong-armed
73 Publishers, e.g.
74 Cherokee on the road
75 Jammies
76 “Do __ See God?": Jon Agee palindrome book
77 Hindu
78 Record, à la Nixon
79 Omar of “The Mod Squad”
80 Formerly, in wedding news
81 Elderly
82 School dance VIPs
83 Grimm beast
84 Record, à la Nixon
85 Pancho’s ponchos
86 Run playfully
87 “Xanadu” rock gp.
88 On the line
89 Mediterranean
90 “Do __ See God?": Jon Agee palindrome book
91 “Do __ See God?": Jon Agee palindrome book
92 “Do __ See God?": Jon Agee palindrome book
93 “Do __ See God?": Jon Agee palindrome book
94 “Do __ See God?": Jon Agee palindrome book
95 “Do __ See God?": Jon Agee palindrome book
96 “Do __ See God?”: Jon Agee palindrome book
97 “Do __ See God?”: Jon Agee palindrome book
98 “Do __ See God?": Jon Agee palindrome book
99 “Do __ See God?": Jon Agee palindrome book
100 “Do __ See God?": Jon Agee palindrome book

PUZZLE SOLUTION: http://collegian.csufresno.edu
Copyright 2009. Tribune Media Services, Inc.

SUDOKU

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.
SOLUTION: http://collegian.csufresno.edu

Whatever lifts your luggage
Synonymous with “whatever floats your boat.”

Word of the Day
Source: UrbanDictionary.com
The Collegian

Arts & Entertainment

Box office

Here are the top new films at the box office for the weekend of Friday, May 7, through Sunday, May 9, based on estimates of ticket sales compiled by Yahoo.com.

1. Iron Man 2
Paramount Pictures
Weekend gross: $133,600,000
Overall gross: $133,600,000
Number of weeks in theater: 1

2. A Nightmare on Elm Street
Warner Bros. Pictures
Weekend gross: $9,170,000
Overall gross: $48,530,000
Number of weeks in theater: 2

3. How to Train Your Dragon
Paramount Pictures
Weekend gross: $6,760,000
Overall gross: $201,093,000
Number of weeks in theater: 7

4. Date Night
20th Century Fox
Weekend gross: $5,300,000
Overall gross: $80,854,000
Number of weeks in theater: 5

Wong Fu raises awareness of Asian-American stereotypes

By Julie Bouchareune

To close Diversity Awareness Week 2010, Amerasia organization teamed up with the brothers of Chi Rho Omicron (XPO) and hosted an event to raise awareness of Asian-American stereotypes in mainstream media.

The event took place earlier this month at the Satellite Student Union with an attendance of more than 600 people. The event featured Wong Fu Productions, an independent production company, as well as Asian-American and Filipino musicians and dancers.

Wong Fu Productions was established in 2003 by a group of students who met in a visual arts class on the campus of University of California, San Diego. Co-founders of Wong Fu Productions, Philip Wang, Wesley Chan and Ted Fu, began to work together, create stories and make videos.

The trio tackled the issue of Asian-Americans in mainstream media.

“I think it’s ironic that we are just trying to be normal in movies,” Wang said.

Francis Villas, who attended the event, said Wong Fu Productions impacts the Asian-American community by overcoming barriers.

“Asian-Americans are often stereotyped in the media as martial artists, nerdy math genuises or imported car racers,” Villas said. “Those are the only characters that I’ve seen Asian-Americans play in movies.”

Amerasia vice-president Alex Cheah said that each Wong Fu Production video, they are able to break barriers in the way mainstream media typecasts Asian Americans.

“For example, by promoting YouTube stars AJ Rafael or David Choi, we are able to show the many talents that Asian-Americans have to offer,” he said. “It’s like we can sing, we can dance, and yet mainstream media always see us as that model minority or martial arts expert.”

Before YouTube, the trio posted their videos on their website.

“It was a time when online video was very new and Asian people on the computer was very strange,” Wang said.

Then when YouTube came along, Wong Fu Productions’ fan base began to grow.

“YouTube is this popularity contest that we never asked to be a part of,” said the group.

Wong Fu Productions has millions of Web hits and thousands of fans. They have been featured on CNN and spoken at more than 80 college campuses.

“Touring was a big deal to us,” the trio said. “We got to see the faces of who is watching us.”

As their popularity grew, movie producers began to take notice. The trio recalled the time when producers were interested in their movie “A Moment With You.”

The group talked about how the producers were trying to change their Asian lead actor.

“They said if we wanted to have a successful movie, we couldn’t have an Asian lead,” the trio said. “So we were like that’s messed up! We did not want to be a sell out to our fans.”

The trio said Wong Fu Productions was never meant to be an “Asian thing.” They said they felt a lot of pressure representing Asian-Americans in the media.

“We hope Wong Fu Productions can be for everyone,” the group said.

Photo courtesy of www.FresnoFilmWorks.org

Movie review

“Terribly Happy,” was Denmark’s entry in the 2010 Academy Awards competition for best foreign film.

Review by Danielle Gilbert
The Collegian

Each Spring since 2002, on the second Friday of the month Fresno Film Works showcases first-run international and American independent films. Last Friday, the Tower Theatre featured the Danish drama, “Frygtelig lykkelig.” But the translation, “Terribly Happy,” is anything but happy.

The film, written and directed by Henrik Ruben Genz, is set in the town of South Jutland, Denmark. South Jutland is a small town with lots of mud, murder and deceit. People aren’t raised in South Jutland, they are sent to South Jutland after having a divorce-induced mental breakdown.

It doesn’t take long for Hansen to figure out that he isn’t the only one with issues. The entire town is on pills prescribed by the local doctor. The neighborhood hairdresser is also the antagonist and resident alcoholic, Jorgen, has also fathered more than half the town’s children. Jorgen’s wife thrusts herself on Hansen and confesses her husband is violently abusive.

While trying to do his job and keep his feelings for Jorgen’s wife at bay, someone dies. The murder is thrown in the bog, the local sinkhole, along with the town’s secrets.

Although “Terribly Happy,” is in subtitles, it proves to be the least of worries come credits, as viewers exit the theatre thankful to stand on the streets of Fresno and not the dirt roads of South Jutland.

Photo courtesy of www.WongFuProductions.com

Photo courtesy of www.TowerTheatre.com

The Collegian

By Ben Francis

Photo courtesy of www.WongFuProductions.com

The three co-founders of Wong Fu Productions, Philip Wang, Wesley Chan and Ted Fu visited the Satellite Student Union last Saturday in celebration of Diversity Awareness Week.

Wong Fu Productions’ popular YouTube videos have been featured on CNN, The Today Show and as an official entry into the Academy Awards in 2010. The videos are created for the world of internet entertainment and are门槛obstacles.

Amerasia organization and XPO chapter co-hosted a screening of Wong Fu’s newest film, “With You,” at the Satellite Union last Saturday. The event also served as a celebration of Diversity Awareness Week.

Amerasia Vice-President Alex Cheah discussed the group’s involvement in the film and the “Asian stereotype” that Wong Fu Productions brings to the fore with their videos.

Cheah, who has co-hosted the Satellite Union screening with Amerasia, said Wong Fu’s videos are a way to connect with the world. The trio targets all types of people with a unique style of storytelling.

Amerasia president Francis Villas called Wong Fu Productions an “Asian American revolution.”

Cheah concluded by saying that Wong Fu’s films are all about making people laugh and making people think.

“People aren’t used to seeing this—something funny and relatable,” Cheah said.

The Collegian

By Ben Francis

Photo courtesy of www.WongFuProductions.com

The three co-founders of Wong Fu Productions, Philip Wang, Wesley Chan and Ted Fu visited the Satellite Student Union last Saturday in celebration of Diversity Awareness Week.

The Collegian

By Julie Bouchareune

To close Diversity Awareness Week 2010, Amerasia organization teamed up with the brothers of Chi Rho Omicron (XPO) and hosted an event to raise awareness of Asian-American stereotypes in mainstream media.

The event took place earlier this month at the Satellite Student Union with an attendance of more than 600 people. The event featured Wong Fu Productions, an independent production company, as well as Asian-American and Filipino musicians and dancers.

Wong Fu Productions was established in 2003 by a group of students who met in a visual arts class on the campus of University of California, San Diego. Co-founders of Wong Fu Productions, Philip Wang, Wesley Chan and Ted Fu, began to work together, create stories and make videos.

The trio tackled the issue of Asian-Americans in mainstream media.

“I think it’s ironic that we are just trying to be normal in movies,” Wang said.

Francis Villas, who attended the event, said Wong Fu Productions impacts the Asian-American community by overcoming barriers.

“Asian-Americans are often stereotyped in the media as martial artists, nerdy math genuises or imported car racers,” Villas said. “Those are the only characters that I’ve seen Asian-Americans play in movies.”

Amerasia vice-president Alex Cheah said that each Wong Fu Production video, they are able to break barriers in the way mainstream media typecasts Asian Americans.

“For example, by promoting YouTube stars AJ Rafael or David Choi, we are able to show the many talents that Asian-Americans have to offer,” he said. “It’s like we can sing, we can dance, and yet mainstream media always see us as that model minority or martial arts expert.”

Before YouTube, the trio posted their videos on their website.

“It was a time when online video was very new and Asian people on the computer was very strange,” Wang said.

Then when YouTube came along, Wong Fu Productions’ fan base began to grow.

“YouTube is this popularity contest that we never asked to be a part of,” said the group.

Wong Fu Productions has millions of Web hits and thousands of fans. They have been featured on CNN and spoken at more than 80 college campuses.

“Touring was a big deal to us,” the trio said. “We got to see the faces of who is watching us.”

As their popularity grew, movie producers began to take notice. The trio recalled the time when producers were interested in their movie “A Moment With You.”

The group talked about how the producers were trying to change their Asian lead actor.

“They said if we wanted to have a successful movie, we couldn’t have an Asian lead,” the trio said. “So we were like that’s messed up! We did not want to be a sell out to our fans.”

The trio said Wong Fu Productions was never meant to be an “Asian thing.” They said they felt a lot of pressure representing Asian-Americans in the media.

“We hope Wong Fu Productions can be for everyone,” the group said.

Outlook

By Ben Francis

Photo courtesy of www.WongFuProductions.com

The three co-founders of Wong Fu Productions, Philip Wang, Wesley Chan and Ted Fu visited the Satellite Student Union last Saturday in celebration of Diversity Awareness Week.
The Collegian  •  Arts & Entertainment
Page 5

The Emerald City exhibit

By Marina Cantu
The Collegian

The Wicked Witch of the West may be dead, but literacy is very much alive in the Henry Madden Library at Fresno State.

The Wizard of Oz has inspired a number of other books, artwork, plays and a movie. It also inspired an Exhibition in the Leon S. Peters Gallery on the second floor of the library.

The Arnie Nixon Center for the Study of Children’s Literature, in preparation for the Oz. The Books conference brought the collection to the public. The International Wizard of Oz Club co-sponsored the conference.

The director for the center Angelica Carpenter said, “We had a writing contest well before the conference, and we got a hundred entries from local kids. We picked six winners, and they will be honored on Sunday at the conference.”

The center went through many different channels in acquiring the items that help enhance the Wizard of Oz experience for the visitors of the exhibit. The memorabilia displayed in the gallery include movie posters from the Wizard of Oz, a cutout of Judy Garland as Dorothy and a pair of ruby red slippers that were crafted by Christopher Bocha, a local fan of Oz.

Jasmine Harika, an art and mass communication and journalism major, toured the exhibit and said it was interesting.

“The display shows different characters and their different stories,” Economics major Manjit Kaur accompanied Harika, but said she was not too familiar with the Wizard of Oz.

“I saw the movie when I was a kid, and I heard about the exhibit from the Life section of The Fresno Bee,” Kaur said. “I thought it sounded interesting and wanted to get a better understanding.”

Kaur and Harika are both volunteers for Read Fresno, and they both take part in a reading program with Fresno Unified students.

“Reading exposes kids to a whole new world and has them open their minds,” Harika said.

Carpenter said she is very excited about the exhibit and hopes students appreciate the value of Oz as an essential American fairy tail.

“I want people to take away new knowledge about this particular story and the sequels that followed it,” Carpenter said.

Extreme fitness at home

Some students and faculty stay in shape with P90X

By Christian Walker
The Collegian

No matter what time of the day or which television channel, viewers can usually find before and after pictures that show how three easy changes in your lifestyle to stay average Joe’s body into a perfectly sculpted physique.

P90X, an at-home workout DVD created by exercise instructor Tony Horton, emphasizes intense physical cardiovascular and strength exercise along with a closely controlled diet plan designed to complement the actual workouts.

There are 12 different routines assigned periodically throughout the 90-day workout regimen. These routines range from yoga to push-ups. The theory behind the workout centers on confusion for muscle groups through the implementation of alternate workouts, the harder the body works to keep up.

Through an exercise called “muscle confusion,” which provides a variety of workouts intended to stimulate new muscle growth, P90X challenges its users to get in shape in 90 days.

“Several of my friends have been using it,” said Dr. Scott Sailor, the Athletic Training Program Coordinator at Fresno State.

Even some students have committed to confusing their muscles.

“The thing I like about it is that it’s not only a six day structured workout plan, but it also includes a nutrition plan,” said freshman Lauren Goit. “Anyone who has ever tried getting in shape knows the diet is just as important as the actual workouts.”

The three-phase nutrition plan, created by famous diet consultant Carrie Wiatt, works in conjunction with the rigorous exercises, providing the proper amount of protein and carbohydrates depending on where you are in the program.

While the popularity of P90X may speak for itself, senior J.R. Gregory admits that it’s a lot more than he was expecting.

“Each workout takes up only an hour a day but it’s hard to keep up with the training,” Gregory said.

The wallet is also something to take into consideration. The DVDs cost $120, available in installments.

“The DVDs aren’t cheap. But keeping up with the diet is what really gets expensive,” Gregory said.

The strict nutrition plan and the intense workouts are certainly not for everybody, but the reputation of the program speaks for itself, according to those who have used it.

Many celebrities and athletes attest to their results from using the workout plan, including actor Ashton Kutcher and Baltimore Ravens middle linebacker Ray Lewis.

“P90X isn’t just a 90-day intense workout plan, but it teaches you changes in your lifestyle to stay physically fit forever,” Goin said.

The 10 best metro cities:
1. Des Moines, Idaho
2. Iowa City, Idaho
3. Minneapolis, Minn.
4. Fort Collins, Colo.
5. Lincoln, Neb.
6. Auburn, Ala.
7. Bend, Ore.
8. Columbia, Mo.
9. Fargo, N.D.

The 10 best small cities:
1. Sioux Falls, S.D.
2. Austin, Texas
3. Rochester, N.Y.
4. San Antonio, Texas
5. Pensacola, Fla.
6. Salt Lake City, Utah
7. Austin, Tex.
8. Jacksonville, Fla.
9. Las Vegas, Nev.
10. Oklahoma City, Okla.

The 10 worst cities:
1. Detroit, Mich.
2. Newark, N.J.
3. Kansas City, Mo.
5. Camden, N.J.
6. Oakland, Calif.
7. Chicago, Ill.
8. Newark, N.J.
9. Cleveland, Ohio

Job hunters are happy just securing a job; but even happier when they find a job in a financially healthy city (comparatively) with a high quality of life. For 12 years, Forbes Magazine has released a list based on such data, including the cost of doing business, taxes, education, crime, projected job growth, household income, unemployment rate, home prices and other factors.

Unfortunately, the “Best Places for Business and Careers” list doesn’t include frugal-living data, but it serves as an excellent starting point for both job hunters and employers interested in relocating.

The top of this year’s list is filled with Midwestern and Western cities, areas with reasonable business costs, strong economic outlooks and a solid quality of life. Not surprisingly, the majority of the 10 worst cities are in financially strapped California and the two primary auto-manufacturing cities of Detroit and Flint, Mich.

Top 10 best and worst places for business

By Kate Forcagh
 McClatchy Tribune

The 10 best small cities:
1. Merced, Calif.
2. Vallejo, Calif.
3. Modesto, Calif.
5. Salinas, Calif.
6. Utica, N.Y.
8. Stockton, Calif.
9. Youngstown, Ohio
10. Canton, Ohio
my laptop and it was gone," Shinaver said. "It all happened in the matter of an hour."

She said that everything inside of her laptop case was stolen including a pair of sunglasses, documents and a metronome for her musical instrument. A report with the university police was filed immediately after she said.

The university, however, does not consider laptop theft to be burglary. Rather, the non-forcible entry is considered larceny. Under federal law larcenies can include purse snatching, car theft, bicycle theft, fraud, embezzlement, identity theft or forgery. Larcenies occur three to four times more often than burglaries, but some schools report statistics that indicate otherwise according to the FBI website.

However, multiple state and federal laws that tally crime at universities may not provide an accurate picture of the crime being committed, critics argue.

The University of Wisconsin-Madison and West Virginia University. According to reports, officers at WVU filed a lawsuit against supervisors who allegedly retaliated against them after the officers claimed campus burglaries were being misclassified as larcenies on incident reports.

Critics argue that too few penalties for universities that do not comply with Clery Act reporting exist. Crime data reported by universities, likewise, are not subjected to independent verification by the Department of Education. The Department of Education has launched investigations into allegations of intentional misreporting at several universities and colleges, including UC Davis, the University of Wisconsin-Madison and West Virginia University.

Laws that can create issues between America and Mexico may not affect us directly, Fowler said. "I think that it is important for Fresno State students to stand up for what they believe in," Fowler said. "Although it may not affect us directly, it may have repercussions on international relations between America and Mexico in the future."

She also acknowledged that these laws can create issues that can affect people locally. "Fresno State has a large Mexican demographic as well, so issues that affect Mexican immigrants may be affecting students and local citizens to speak out against laws even if they are not directly affected by them." Fowler said.

"I want to keep learning."

Advance your career with degrees in health sciences and education

Doctor of Osteopathic Medicine
Doctor of Physical Therapy
Doctor of Nursing Practice
Master of Physician Assistant Studies
Master of Education

(702) 777-1750
www.touro.edu

Touro University Nevada
847 American Pacific Drive, Henderson NV 89014

Approved by the Western Association of Schools and Colleges. Licensed in Nevada by the Commission on Post-Secondary Education. Touro University Nevada is an Equal Opportunity Employer.

10% discount with student I.D.

Japanese Groceries
Fresh Seafood in town
Japanese Gifts
Fresh Sushi Made Daily
Japanese Fast Food Restaurant

1535 Kern St. Fresno, CA 93706 (559) 237-2049
Blackboard Learn
Version 9.X
is here!

- Cool new tools
- Journals
- Blogs
- Wikis
- Mash-ups

Campus-wide Fall 2010

Digital Campus
278-7373
http://blackboard.csufresno.edu/

Hair by Kaitlyn

$5 off
cut & style

$10 off
color

559-304-2967
Facebook: Hair by Kaitlyn
Salon Fleur de Lis
Willow & Nees
Next to Trader Joes

Pancakes
With Palazzo!
MAY 13, 2010
10 P.M. - Midnight

Ask us about how to get free rent
and an iPod Shuffle!

Located east of the Save Mart Center at Fresno State (559) 291-6400 www.palazzofresno.com
Hiking Half Dome for hunger

A group of nine students from a nonprofit management class have taken a common hobby of theirs, hiking, and combined it with the Bulldog Pantry to create the event Hike for Hunger.

Hike for Hunger is intended to raise hunger awareness in the Central Valley through the student-run organization Bulldog Pantry. The Hike is going to take place June 10 at Yosemite National Park where the hikers will climb Half Dome.

"We chose Half Dome because we wanted this event to be unique and representative of what the area has to offer," Van Pelt said. "With Yosemite National Park just a short drive away, we wanted to hike the premier Half Dome trail since the conception."

The event is open to the public and participants do not have to be experienced to sign up for the hike.

"We have three hiking levels with recommended stopping positions for each level," Van Pelt said. "People are welcome to hike as far as they wish; we have team leaders that will stay with each group to make sure no person is alone on the trail."

Hikers are required to register for the event by May 14. There is a fee for the hike, but the proceeds go to the Bulldog Pantry and hikers receive a commemorative T-shirt.

"The Bulldog Pantry is the student-run food pantry directly across from the Fresno State campus. And this being a student-run event, the Bulldog Pantry was the perfect partnership for the Hike for Hunger," Van Pelt said. "We all felt so passionately about the cause and the event that each of us has continued on a second semester to see the event through."

Van Pelt said hikers will also benefit from the sense of accomplishment after completing the hike.

"The hike itself is difficult, but overall it is very rewarding," Van Pelt said. "What makes the Hike for Hunger unique is the opportunity to hike with fellow students, faculty and staff that share the desire to help a local nonprofit fight hunger in the Central Valley."

Co-founder and project management team member Nick Eldred shares the passion for the cause, but has another reason why he wanted to climb Half Dome.

"Since my first time hiking, which coincidentally was the Half Dome trail, I've had the urge to hike that same trail once a year," Eldred said. "I hiked that trail four times last year and of course look forward to this trip."

Eldred also hopes that the hikers will take away something personal from this experience and continue supporting Bulldog Pantry.

"I hope they take away a sense of commitment and a personal tie to the Bulldog Pantry," Eldred stated. "It would be great to make the hike an annual source of funding for the Pantry."

By Sarah Kain
The Collegian

"What makes Hike for Hunger unique is the opportunity to hike with fellow students, faculty and staff that share the desire to help a local nonprofit fight hunger in the Central Valley."

— Jason Van Pelt, Co-founder and project manager
Coupens can be a great way to save money. However, the habit of clipping and transporting coupons is sometimes useless when a coupon is lost or forgotten at home.

Fresno State alumnus Adrian Rodriguez and his two business partners decided to eliminate that problem by creating their business, PayShrink LLC. The business provides consumers with free cell phone access to coupons via text message or through the PayShrink website for phones with Internet access.

But, for customers who prefer the traditional way of using coupons, the company provides coupon books and allows the coupons to be printed from the PayShrink website.

The printed coupons are just like any coupon you’ve seen before, where you clip it and bring it in,” Rodriguez said. “But because we also have virtual coupons, shoppers don’t have to clip coupons at all. They can just register at the website, get them on their phone and start getting discounts.

Rodriguez graduated from Fresno State in 2004 with a bachelor’s degree in mass communication and journalism. He said Fresno State is a great school with many smart and talented instructors.

While at Fresno State, Rodriguez was an editor for The Collegian. Later, he worked on The Business Journal, a weekly publication in downtown Fresno. Rodriguez said he covered stories about technology, manufacturing and entrepreneurship, which have influenced the way he is shaping his business.

“All of the stories that I covered as a business reporter at Fresno State contributed a lot to what I think about my own business and how it should develop,” Rodriguez said.

The three business partners have another company. Particle Media Group, which they started in January 2009. The company designs websites and makes coupon books for other businesses.

Rodriguez said the idea for PayShrink LLC sprang from a combination of the three partners’ skills, and from their experience with producing and designing for other businesses.

“It was a natural progression to me because of my background in technology and my passion for people,” Rodriguez said. Frank Sanchez, a founding partner and the graphic designer for the company, created the coupons and coupon books.

“I pretty much handle any of the design aspects of the company,” Sanchez said. He said his experience with designing other companies’ websites and coupons helped him determine that PayShrink was best for PayShrink. He noticed where other companies’ designs were short, and worked to correct them.

“We want to go the extra mile to try to make it user-friendly,” Sanchez said. “We want to make it possible for customers to get coupons in all forms.”

PayShrink customers can access and use the coupons in four ways, Rodriguez said. They can clip coupons from complimentary coupon books that the company distributes to homes in the Fresno area and puts in participating business locations. The coupons can also be accessed online and printed from home.

If customers would rather not carry their coupons around, they can access them with their cell phone in two ways. People with smartphones can use the coupons directly from the website.

Customers can also receive the coupons by sending SMS text messages to the company’s designated phone number. Rodriguez said standard text messaging rates apply.

Rodriguez said the ability to access coupons from the website or to have them sent as a text message eliminates the problem of forgetting a coupon at home, because they are always available as long as customers don’t forget their phones.

He said businesses have the ability to decide how often a coupon can be used, and what deal they want to offer. Businesses can set discounts to be available daily, weekly or monthly, and can change the offered discount at any time.

Each merchant can display up to five discounts, and the coupons work at every store if a business has multiple locations.

Each customer has a special code, so merchants will know when a customer has used his or her coupon. If a coupon is valid to prevent customers from abusing the system, Rodriguez said. The coupons expire the day they are printed or received as a text message on a cell phone.

“This is all done through a time-stamped discount code that is unique for every single coupon retrieved by every user,” Rodriguez said. “Merchants have a way to know that it’s not going to be overused.”

Rodriguez said the company is able to provide consumers with free coupons, because store owners and businesses pay to offer coupons through PayShrink. He said the company does not give merchants any of the coupon users’ personal information, and does not send out text messages for random coupons.

“We don’t send you anything you don’t specifically request,” he said.

Rodriguez said the company is focusing on providing coupons in the Fresno State area, because college students are more likely to want to save money, and to be able to effectively use the technological services.

“Because we know the technological twist my being your friend anyone not accustomed to web services, we are figuring that students of all ages at Fresno State would like to use this great,” he said.

Civil engineering major Jeff Johnson said he uses coupons when he can afford them. He said he does not think the cell phone access to coupons would benefit him.

“It could be useful for someone else, but for me, not real,” he said. “I don’t really use my cell phone except for emergency purposes.”

But, he said the idea to access coupons from a cell phone is beneficial, because print coupons are not as readily available.

“Sometimes they can get lost in a wallet or could be someplace else,” Johnson said.

He said he liked that the coupons were mostly from businesses around Fresno State.

“It would be very useful considering that the rise of tuition has been going crazy lately,” Johnson said.

Liberal studies major Shelby Batrich also uses coupons often. She said they are a great way to lessen her financial burdens, but she does not always remember to take her coupons when she goes shopping.

“Everything’s tight right now with the economy, so anywhere you can save helps,” she said. “A lot of times if I have a coupon, I usually put in my wallet so I remember to take it, and then I always forget it. So, it’s kind of useless.”

Batrich said the PayShrink idea to send coupons directly to cell phones is a great new way to save money.

“I think that would be really helpful,” Batrich said. “Almost everyone has cell phones now, and a lot of people use text messaging or access the Internet on their phones.”

She said she liked that many of the businesses currently offering coupons are around Fresno State, because it can provide students with a cheap meal.

“That would be helpful if you are on campus and run out of something to eat,” she said.

She said the main set back is that customers do not always use coupons when they are available.

“Not a lot of people don’t use coupons even if they have them,” she said.

Stephan Gamboa, the third founding partner of PayShrink, said he handles the customer service for the company.

He said businesses that provide coupons through PayShrink can choose different levels of designs for their coupons and business page on the website. They can have just the business’ logo or create a custom design that appears on the coupons and the website. Businesses can also have photographs of their products online.

Gamboa said the company worked to make the PayShrink website user friendly and encouraged businesses to provide enticing deals to customers, so people would use the coupons.

People are still looking for deals at the places that they want to go,” Gamboa said. “It’s just a matter of having an easy-to-use system and giving people coupons that they want.”

He said other companies provide similar services, but only focus on one aspect, either the print coupons or the online coupons.

Gamboa said the combination of online, print and cell phone coupons makes PayShrink unique.

“There are companies that are similar to what we do, but they don’t encompass all that we offer,” Gamboa said.

Some businesses that are offering coupons through PayShrink include Tacos Marquitos, Deli Delicious and The Geeks Computer Service.

By Tara Albert
The Collegian

Frank Sanchez, a founding partner and the graphic designer for the company, creates the coupons and coupon books.

Adrian Rodriguez, Fresno State alumnus and PayShrink co-founder

“A lot of the stories that I covered as a business reporter at Fresno State contributed a lot to what I think about my own business and how it should develop.”

Fresno State, because it can benefit, because print coupons are not as readily available. 

He said the idea to access coupons from a cell phone is beneficial, because print coupons are not as readily available.
By David Haugh  
McClatchy Tribune

I am inside the head of a guy who once made a silly, split-second decision to run onto a Major League Baseball field in Chicago. And, yes, it’s as spacious as you would expect.

But unlike the reformatted infield-crasher talking about the huge regrets he still carries around and how other people can take anything for granted, he is calling back to say he really doesn’t want others to suffer all the lessons from the experience that changed his life.

How ironic that someone who several years ago ran onto one of the most public venues in the country now has to warn others how painful it can be.

That’s why the Taser precedent in Philadelphia and the words of Gamboa resonate more than in an increasingly dangerous and unpredictable society.

Steve Consalvi, the kid in Philadelphia, was charged with three misdemeanors. His mom placed him on "parental house arrest," which sounds cute but only means he can log onto his computer and find a Facebook page called "a hero and the last odds" on YouWager.com that he will sue the Phillies. How long before Letterman calls?

"I don't know the police training parameters for the gun or Taser," Gamboa said. "What do I know for sure is the fine of $250 or $500 or whatever they fine you and probation (for running onto the field) isn't a deterrent at all," said Gamboa.

The damage William Ligue Jr and his then-15-year-old son, William III, did to Gamboa went beyond cuts, bruises and the hearing loss in his right ear. The national attention the incident received forced the Royals to shift Gamboa to the bullpen the following season to decrease his visibility. At the end of that season, he was the only member of the staff dismissed.

After leaving the Royals, Gamboa served a stint as a spokesman for a self-defense training program and joined the Padres as a roving minor league supervisor. He was preparing to return for his fifth season when informed just before spring training a regime change meant he would be without a job.

"I don't see any sense in being bitter or carrying resentment around about anything," Gamboa said. "Tell my players if I was the captain of the Titanic. I'd say, don't panic, guys, we're just stopping for ice."
High prices paid for used textbooks

Click Go to amazon.com/buyback

Ship Send us your used textbooks at no cost to you

Spend Millions of items to choose from at amazon.com

amazon.com/buyback

Buyback titles are purchased by a third party merchant
‘Dogs take the series

The Bulldogs end season with an overall 11-10 WAC play record and take the weekend series, 2-1.

By Megan Morales
The Collegian

The Fresno State women’s softball team concluded their regular season after winning two out of three games against Louisiana Tech at Bulldog Diamond last weekend.

Bulldog pitcher Morgan Melloh highlighted game one of the series with a career-high 16 strikeouts. Melloh (15-8) was finding the plate in superb manner, striking out eight of the first nine batters and she recorded her 200th strikeout of the season.

On day two, the ‘Dogs split the doubleheader with LA Tech winning the first game 4-0 and falling 3-1 in the second.

Prior to game one, seniors Lisamarie Coronado and Brooke Phipps were honored as they prepared to take the field one last time at Bulldog Diamond.

As sophomore Michelle Moses took the circle in the second game of the series, it was obvious that once again, the pitching would lead the show. Moses set two records Saturday as she dominated the LA Tech lineup all game long, striking out the first 13, a new school record, and finishing with a total of 18 strikeouts for the game, another school record.

Moses went the distance and with the complete-game shutout, improved her record to 9-1 for the season with the team’s 4-0 victory.

In the fourth inning, Courtney Moore’s bat provided all the offense the Bulldog’s would need for their second win of the series, as she hit a two-run home run to put her team up for good.

The Bulldogs added insurance runs in the fifth and sixth innings. Phipps led off the fifth with a triple to left center, and later scored. Moore came through again in the sixth inning with a double, and pinch runner Kaylan Pollard scored the fourth run of the game for the Bulldogs when she was knocked in by Caitlin Stiglich’s single up the middle later in the inning.

In the final game of the series, LA Tech came out swinging early. By the sixth inning, they had already put three on the board, and Fresno State was struggling to score. After shortstop Haley Gilleland hit a single to get herself on base, she was then sent home by another single from Moore, saving the Bulldogs from a shut out.

Fresno State fell 3-1 and McKenzie Oaks, who is now 11-7, took the loss.

The Bulldogs ended their season with an overall record of 36-17 and 15-6 in the WAC. They snagged the No. 2 seed and will have a first-round bye next week in the WAC Tournament. Their opponent, Louisiana Tech, finished 26-19 overall and 11-10 in conference play and earned the No. 4 seed in next week’s tournament.

The WAC tournament will be held in Las Cruces, New Mexico, May 12-15.